

Top Ten Trends for Long-Term Care in 2018



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ANNUAL NJHIMA MEETING

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Aging Population



The Aging Population in Long Term Care



STATISTICS:

- 1- 70% OF PEOPLE TURNING 65 WILL EXPECT TO USE SOME SORT OF LTC DURING THEIR LIVES
- 2- BY 2030 THE OLDER POPULATION WILL BE TWICE AS LARGE AS IT WAS IN 2000 GROWING FROM 35 MILLION TO 71.5 MILLION
- 3- 40% OF THE OLDER POPULATION WITH LTC NEEDS ARE POOR OR NEAR POOR!
- 4- BY 2050 THE NUMBER OF INDIVIDUALS USING LTC SERVICES IN ANY SETTING WILL DOUBLE FROM 13 MILLION TO 27 MILLION

Top Ten LTC Trends



- Finances – Cost of Living, LTC Costs
- Technology/EHR
- HIPAA
- Leadership in LTC
- Politics/Government - Health Care Reform
- LTC Leadership
- Employees
- Patient Diagnosis
- Length of Stay
- Disaster Planning

Finances in the LTC Environment



Finances



- Social security payment will increase *** dependent on individuals income,
- Medical Care Insurance costs will increase – Private, Long Term Care Insurance, Medicare *** Medicare Advantage Plan,
- Pharmaceutical costs will increase,
- LTC costs will increase – all sects,
- Cost of Living will increase.

Finances



How will Finances affect:

- Benefits ,
- Length of Stay,
- Quality of Care!

Technology in the LTC Environment



Technology



- EHRs are limited in LTC facilities, only few ***NUMBER implement EHR systems.
- LTC facilities are slow in adopting an EHR system due to their lack of information supporting the view that EHR implementation improves quality care and decreases costs in the long run.
- LTC facilities cannot participate in incentives under the Meaningful Use program.

Technology



- The cost of implementing EHR in a long-term care facility creates an added \$\$\$\$\$
- The LTC facility is likely to spend more money on the adoption and maintenance of implementing an EHR system, than what they would receive in return
- Employees are also resistant to changing the climate of the environment
- Due to limited programs that an EHR system offers, technology is not all inclusive to include all areas of care that a LTC provides
 - For example, pharmaceuticals and rehabilitation



Technology



- EHRs in LTC facilities improve the management of clinical documentation and enhances decision making skills.
- EHRs would be extremely helpful in LTC facilities, with their fast growing aging population.
- EHR would allow for all diverse medical needs to be met, while improving the quality of care and coordination.

Technology



**OTHER AREAS IN LTC WHERE
TECHNOLOGY WILL BE
IMPACTING:**

- 1- FINANCE/BUSINESS OFFICE,**
- 2- DIETARY/ FOOD SERVICE,**
- 3- RECREATIONAL ACTIVITIES,**
- 4- QUALITY IMPROVEMENT**

HIPAA in the LTC Environment



HIPAA



SECURITY OF DATA IN LTC

- ❖ Cybersecurity breaches are increasing each year,
- ❖ The LTC Facility needs to have management policies as well as cybersecurity audit processes in place,
- ❖ Due to ongoing changes with HIPAA, LTC Facilities need to be educated yearly,
- ❖ Quality Assurance Audits should be in place to assure the Facility is compliant with HIPAA requirements.



Leadership in LTC



Leadership



The LTC Hierarchy is the leadership in LTC

- Not just Ownership and/or Governing Board,
- Administration, including all Department Heads,
- Leadership will affect: The Environment, Quality of Care, Inspections, Employee Turnover, Census and even Finances
- What impacts Leadership: Facility Mission, Type of Facility (Privately, State/County, Non-Profit),
- YOU!

**You can
make a difference !**

Employees in the LTC Environment



Employees



- The increase in elderly patients can lead to a steep drop in the number of workers per elderly.
- The “oldest old” are disabled at higher rates, which will require a higher ratio of workers to disabled elders.
- Therefore, it decreases the ratio of workers to all elderly patients, dramatically.

Employees



- The impact of: Federal Programs and their associated costs/reimbursement,
- Technology,
- Government Regulations for LTC,
- Socio Economic Factors such as: Cost of Living, Minimum Wage, Demo-graphics,
- Educational Factors!



POLITICS AND ITS INFLUENCE IN LTC



Politics/Government



Health Care Reform is not over - it is just more complicated:

- ❑ Finances will be directly impacted due to the Financial Reporting Systems which will need to be updated in order to capture any new tax provisions that are put in place,
- ❑ The impact of Social Media on Politics and its impact on LTC,
- ❑ Federal, State, County and Local Governments impact!



Patient Diagnosis in LTC



CANCER DX

NEUROLOGICAL DX,

SUBSTANCE ABUSE DX

MENTAL

HEALTH DX

COGNITIVE DX

Patient Diagnoses



LTC will be changing with Diagnoses:

- ❖ Sub-Acute DX: Fractures, Increases in Surgical Procedures for Pain Management and Quality of Life will be noted, which ultimately increase the need for Rehab,
- ❖ Older Generation impacting the median age of a LTC Resident: Cognitive, Neurological DX.
- ❖ Rate of related Cancer DX are increasing yearly,
- ❖ Substance Abuse DX and Mental Health DX will be increasing due to lack of these types of Facilities that should be specializing in Treatment of these patients!

Length of Stay in the LTC Environment



Length of Stay



Keeping Elders OUT of LTC

- Advances in medicine through prevention, pharmaceuticals, and surgical treatment will decrease the need for LTC
- Behavioral health practices available to keep the elderly healthy and active
- Organizing community services so care is more accessible
- Day care, assisted living, home health and hospice care

Length of Stay



- Pharmaceutical advances will reduce the number of residents who require assistance.
- This will reduce time spent in a LTC facility.

For example:

- Preventing and treating disorders such as osteoporosis, arthritis, and rheumatism.
- Progression in treating and preventing Alzheimer's disease and dementia
 - ❖ Most intensive long-term care needs
 - ❖ 60-70% of nursing home residents

Disaster Preparedness in LTC



Disaster Preparedness in LTC



Disaster Planning



BE PREPARED - HAVE SYSTEMS IN PLACE

- ❖ Review State Regulations for Disaster Planning,
- ❖ Examine “Violence in the Work Place” Requirements,
- ❖ Policies – update as needed and review annually,
- ❖ Educate – all employees,
- ❖ Include – ALL DEPARTMENTS OF THE LTC FACILITY,
- ❖ PUT IT TO THE TEST – Do a Blackboard Demo to test all systems!

Thank You



Questions please feel free to contact:
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